

W E L C O M E

On behalf of ARC (NI) I would like to warmly welcome you to our 11th Annual Conference. The conference this year is being held at a difficult time for many of you. Financial concerns and fears for the future are commonplace.

I hope you enjoy sharing with us the next 2 days. May you find new insights, inspiration, support and fun!

The conference has only been possible through the hard work and support of many whom I would like to sincerely thank:

- all our workshop facilitators and speakers for willingly offering to contribute
- the marvellous ARC team who have worked tirelessly behind the scenes
- our sponsors Health Matters (NI) Ltd, CORE Respite Services, La Mon House Hotel, Space NK, Theatre at the Mill Newtownabbey/Mount Charles, Jim Forsythe of Sign Tech and Derrynoid Centre
- the Conference Planning Group whose advice has been invaluable – Mervyn Bothwell, Dolores Finnerty, Mary Doran, Agnes Lunny, Emele Logan and Brian McGarvey.
- staff at the Rural College and Derrynoid Centre, Draperstown for their patience and hard work.

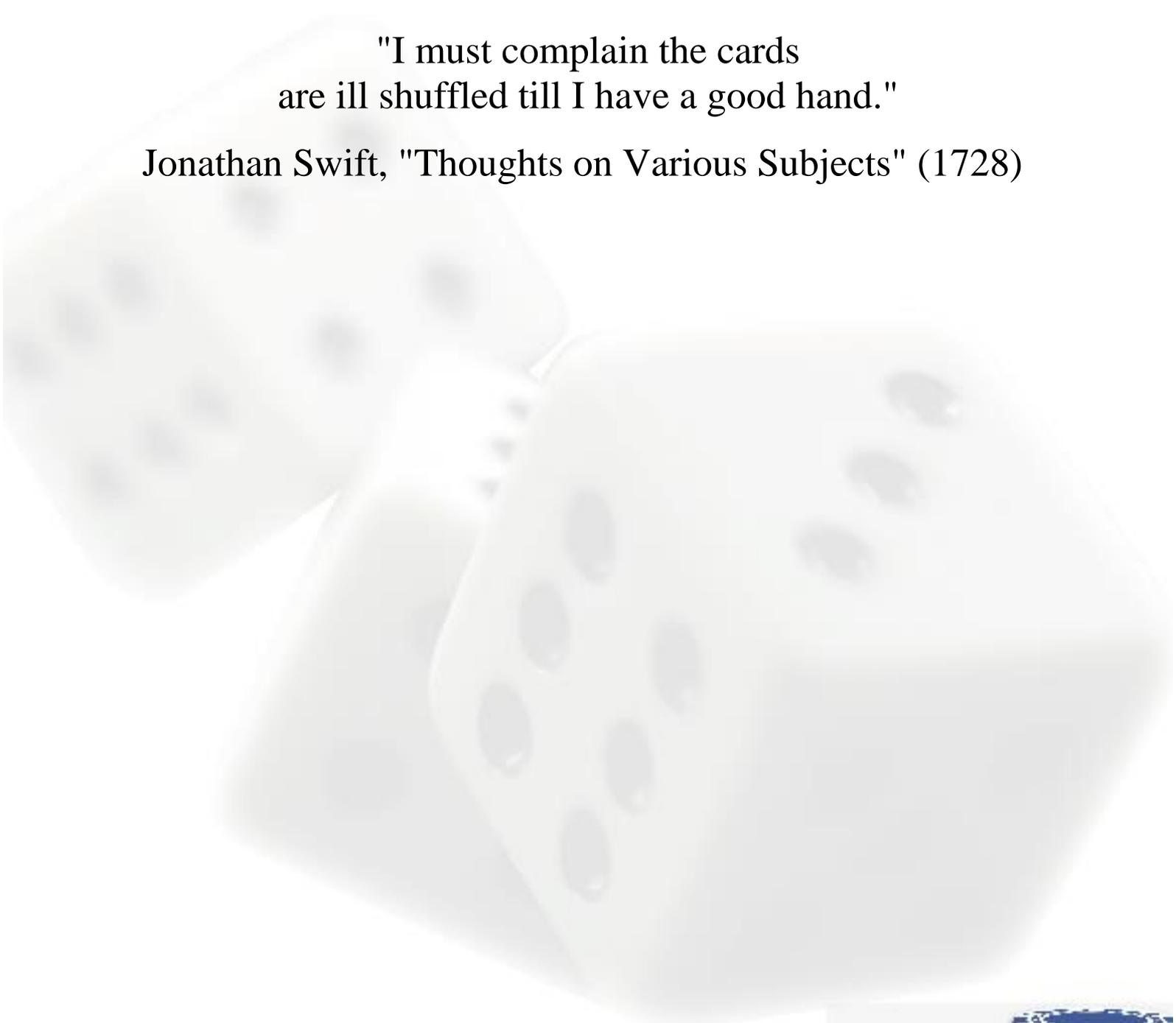
Enjoy!

Siobhan Bogues
Director, ARC (NI)



"I must complain the cards
are ill shuffled till I have a good hand."

Jonathan Swift, "Thoughts on Various Subjects" (1728)



PROGRAMME





TUESDAY 18 OCTOBER

8.00 pm **PRE-CONFERENCE DINNER**

**Courtyard
Restaurant**

DAY 1 – WEDNESDAY 19 OCTOBER

9.00 am **REGISTRATION**

Foyer

REFRESHMENTS

9.30 am **CONFERENCE WELCOME – LET’S ROLL THE DICE!**

**Lecture
Theatre**

Conference Chairs: Alex Parkinson, Kathleen McVicker,
Belfast Telling It Like It Is Group and
Siobhan Bogues, Director of ARC (NI)

09.40 am **DOING JUST WHAT IT SAYS ON THE TIN!
“Jedi” Jim Eastwood**

**Lecture
Theatre**

Jim Eastwood from The Apprentice gets us off to a flying start with words of wisdom on keeping your head whilst all around you are losing theirs.

10.10 am **TILII TALES
Members of the Belfast and Muckamore Hospital Telling It
Like It Is Groups**

**Lecture
Theatre**

How to load the dice in favour of the people you support.

10.30 am **WE ARE THE CHAMPIONS!
Stephen Yetman, Special Olympian Gold Medalist
Danny Quinn, Finalist in UK Campaigner of the Year Awards**

**Lecture
Theatre**

Celebrating people with a learning disability who have shot the dice and come up winners.

10.50 am **OFF THE STARTING LINE: BREAKING NEWS ON THE
LEARNING DISABILITY SERVICE FRAMEWORK
Siobhan Bogues, Director of ARC (NI)**

**Lecture
Theatre**

Siobhan will share the latest news on work with colleagues from around Northern Ireland on developing the first ever health and social care Service Framework for people with a learning disability in the UK.

11.00 am **REFRESHMENTS**

**Courtyard
Restaurant**



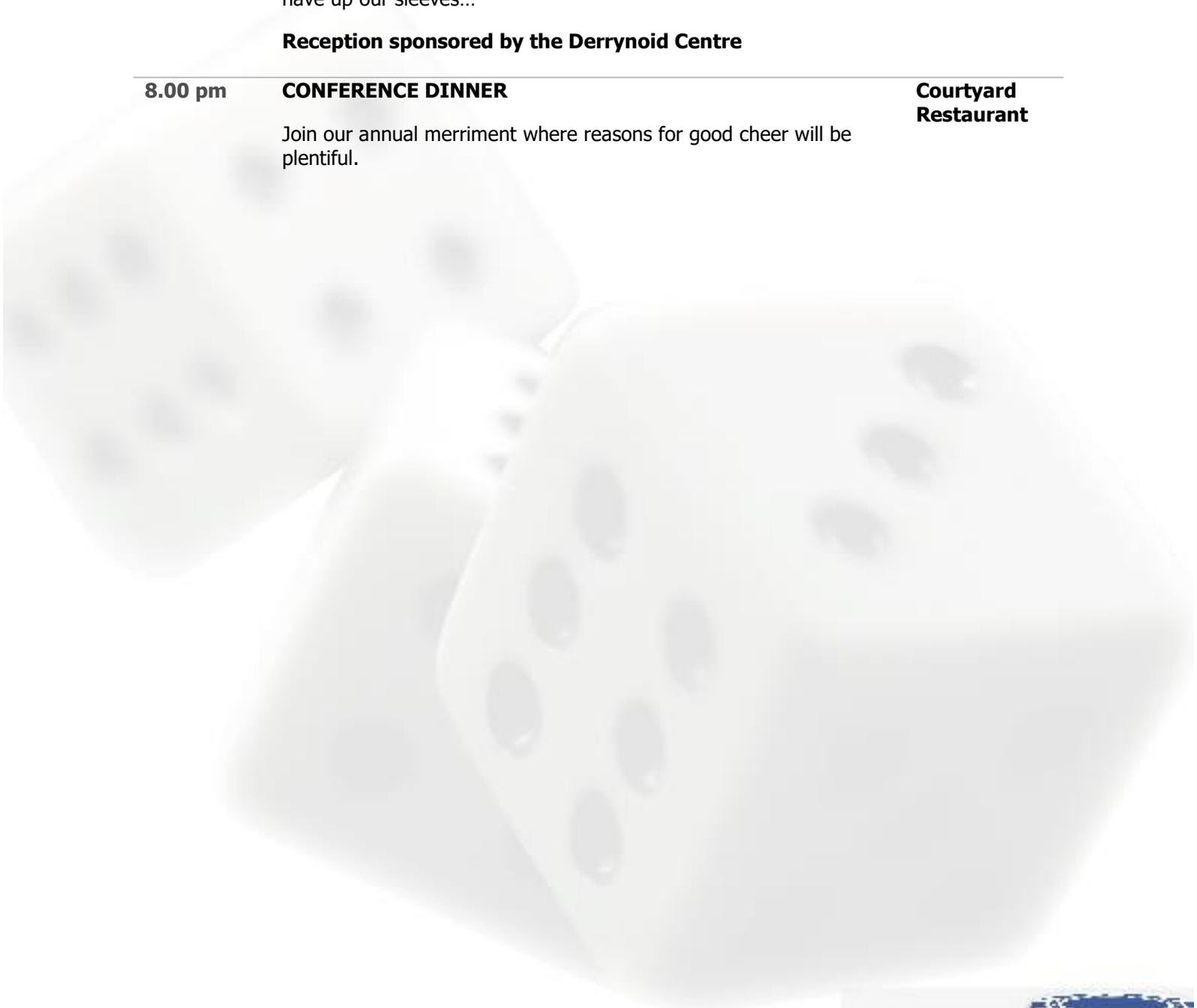
11.30 am	WORKSHOPS (1)	
	Risk – What are we afraid of? Dora O’Loan, PROMOTE, Belfast HSC Trust	Cavenreagh Room
	<p>An interactive workshop exploring how we can work with the ‘fear of’ something going wrong. What would happen if we never took any risks and what happens when we take too many?</p>	
	‘We are still rolling the dice’ – Achieving Outcomes Through Active Support Nicola McCann, Positive Futures	Disert Room (Chalet Block)
	<p>Will report on the journey so far from 2 of Positive Futures Supported Living Services where people with more complex and behavioural support needs are experiencing real opportunities to be fully involved in their lives.</p>	
	Be Safe Stay Safe Eilis Mulholland, Leonard Cheshire	Tonagh Room (Chalet Block)
	<p>This workshop will develop awareness of staying safe at home and out and about in the community. This workshop will be delivered by the Be Safe Stay Safe project, which aims to help people with disabilities to feel safer in their communities.</p>	
	Web Support to Enhance Safeguarding Practice Bernie Gibbins, Triangle Housing Association	Bancran Room
	<p>This workshop will outline the development of the new website that is aimed at supporting and enhancing safeguarding practice. It will explain how this links with the aims of safeguarding identified by the Regional Policy, the Voluntary Sector safeguarding drive, and the new Local Area Safeguarding Partnership, and the requirements of RQIA and Supporting People in relation to safeguarding.</p>	
12.45 pm	LUNCH	
2.00 pm	SOMETHING SPECIAL: FINDING YOUR VOICE Something Special Music Group	Lecture Theatre
	<p>Be uplifted and exercise your lungs with the fantastic Something Special Music Group from Elington.</p>	



2.15 pm	WORKSHOPS (2)	
	<p>Risk – What are we afraid of? Dora O’Loan, PROMOTE, Belfast HSC Trust</p> <p>An interactive workshop exploring how we can work with the ‘fear of’ something going wrong. What would happen if we never took any risks and what happens when we take too many?</p>	Cavenreagh Room
	<p>Sensible Solutions for Absence Management Anne Sheridan, Health Matters (NI)</p> <p>Mental health problems represent the most common cause of extended sickness absence for people of working age in the UK. The workplace, work colleagues and work itself can all be important factors in either facilitating or impeding recovery. If you are unsure as to the best approach, then you will benefit and obtain practical advice and tips from attending this workshop</p>	Disert Room (Chalet Block)
	<p>Get Connected With ICT Rosie Maguire, Live Net, Mencap</p> <p>This workshop is for staff supporting people with a learning disability with the aim of helping staff develop the skills and knowledge to support people with a learning disability use ICT in everyday life</p>	Tonagh Room (Chalet Block)
	<p>Emotional Intelligence (EI) Tina Fahm, Chair, ARC UK</p> <p>How do high performing organisations ensure that their teams consistently produce the most innovative products under intense deadline and budget pressures? By focusing on its teams’ emotional intelligence – that powerful combination of self-management skills and ability to relate to others. This workshop will illustrate how group EI techniques can build the foundation for true collaboration and cooperation, helping otherwise skilled teams fulfil their highest potential.</p>	Bancran Room
3.30 pm	REFRESHMENTS	Courtyard Restaurant
3.45 pm	<p>SOCIAL MEDIA – FRIEND OR FOE? Jim Gamble, Former CEO of CEOP (Child Exploitation and Online Protection Centre)</p> <p>Hear what we need to know about protecting people from the many risks on the internet while also making sure that we don’t fall into the traps of shutting the doors on an invaluable social outlet for many people with a learning disability.</p>	Lecture Theatre



4.15 pm	THE FINAL DICE Agnes Lunny, Chair of ARC (NI)	Lecture Theatre
4.30 pm	CLOSE	
7.30 pm	PASS THE LINE BET Join us for a glass of wine and an update on the cards we in ARC have up our sleeves... Reception sponsored by the Derrynoid Centre	Courtyard Restaurant
8.00 pm	CONFERENCE DINNER Join our annual merriment where reasons for good cheer will be plentiful.	Courtyard Restaurant



DAY 2 – THURSDAY 20 OCTOBER

9.00 am	REGISTRATION REFRESHMENTS	Foyer
9.30 am	TAKE A CHANCE ON ME! Conference Chairs: Robert Watson, Lisburn Telling It Like It Is Group, John Mullan, Bangor Telling It Like It Is Group and Siobhan Bogues, Director of ARC (NI)	Lecture Theatre
9.45 am	LESSONS LEARNED FROM WINTERBOURNE: BALANCING RISKS WITH GETTING A GOOD LIFE Andy McDonnell, Director and Clinical Psychologist, Studio 3	Lecture Theatre
10.15 am	BIRD'S EYE VIEW Christine Jendoubi, Director of Mental Health and Learning Disability, DHSSPS Christine will give us a whistle stop tour of the current developments within the Department that will affect people with a learning disability and their families over the coming year.	Lecture Theatre
10.30 am	HOME IS WHERE THE HEART IS Brian O'Kane, Supporting People, Northern Ireland Housing Executive All the latest from Supporting People, including hot off the press news on the new strategy being developed.	Lecture Theatre
10.45 am	REFRESHMENTS	Courtyard Restaurant
11.15 am	WORKSHOPS (3) Vela Microboards: Person Centred Support Networks Susan Taylor, Vela Microboards The concept of Vela Microboards will be presented via a short power point presentation and DVD. The personal experiences of establishing a Vela Microboard, together with the opportunities in terms of support and innovation, to ensure an enhanced quality of life for an individual, will be presented by a member of an existing Vela Microboard.	Cavenreagh Room



We are still rolling the dice' – Achieving Outcomes Through Active Support
Nicola McCann, Positive Futures

Disert Room
(Chalet Block)

Will report on the journey so far from 2 of Positive Futures Supported Living Services where people with more complex and behavioural support needs are experiencing real opportunities to be fully involved in their lives.

Get Connected With ICT
Rosie Maguire, Live Net, Mencap

Tonagh Room
(Chalet Block)

This workshop is for staff supporting people with a learning disability with the aim of helping staff develop the skills and knowledge to support people with a learning disability use ICT in everyday life

New Ways of Working
Gerardine Cunningham, NISCC

Lecture Theatre

This workshop will explore new ways of working in social care and look at some of the ideas under development.

From Stress To Ease
Siobhan Bagues, ARC (NI)

Bancran Room

Too often we gamble with our own well being while taking care of other people. Come along and take time out to look after yourself with some gentle breathing and stretching exercises, combined with a few laughs along the way!

12:30 pm LUNCH

Courtyard Restaurant

1.40 pm STAYING SAFE; KEEPING IT REAL!
Kevin Keenan, Health and Social Care Board

Lecture Theatre

Sharing key thoughts on developing a Safeguarding Framework in Northern Ireland.

2.00 pm WORKSHOPS (4)

Vela Microboards: Person Centred Support Networks
Susan Taylor, Vela Microboards

Cavenreagh Room

The concept of Vela Microboards via a short power point presentation and DVD. The personal experiences of establishing a Vela Microboard, together with the opportunities in terms of support and innovation, to ensure an enhanced quality of life for an individual, will be presented by a member of an existing Vela Microboard.



Serious Case Reviews in Adult Safeguarding – Tools for Change or a Stick to Beat Me
Joyce McKee, Health & Social Care Board

Disert Room
(Chalet Block)

This workshop will explore the implications for people with learning disabilities, families and carers and consider the balancing act between safeguarding and positive risk taking.

Be Safe Stay Safe
Eilis Mulholland, Leonard Cheshire

Tonagh Room
(Chalet Block)

This workshop will develop awareness of staying safe at home and out and about in the community. This workshop will be delivered by the Be Safe Stay Safe project, which aims to help people with disabilities to feel safer in their communities.

Sensible Solutions for Absence Management
Anne Sheridan, Health Matters (NI)

Bancran Room

Mental health problems represent the most common cause of extended sickness absence for people of working age in the UK. The workplace, work colleagues and work itself can all be important factors in either facilitating or impeding recovery. If you are unsure as to the best approach then you will benefit and obtain practical advice and tips from attending this workshop

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3.15 pm REFRESHMENTS

Courtyard Restaurant

3.40 pm TAKING A FRESH LOOK AT SUPPORTING OLDER PEOPLE
Professor Roy McConkey, University of Ulster

Lecture Theatre

Definitely the most popular speaker at our conferences. Roy never fails to deliver an entertaining and thought provoking look at key issues facing support providers.

4.10 pm FOLDING THE DECK
Tina Fahm, Chair of ARC (UK)

Lecture Theatre

Tina will reflect on the conference highlights and where she sees ARC's contributions in Northern Ireland from her cockpit seat in ARC UK.

4.20 pm So Long, Farewell
A final word from the Conference Chairs

Lecture Theatre



SPEAKERS' DETAILS





Siobhan Bogues

After qualifying as a social worker in 1983, Siobhan worked in community social work teams before moving to the voluntary sector as a trainer and then Director of Family Services in Bryson House. In her current role she has played a key role in influencing policy and practice for people with a learning disability which has included chairing the Equal Lives policy review, writing numerous articles and research reports, directly supporting a range of self advocacy projects and currently leading on the development of a Learning Disability Service Framework on behalf of DHSSPS.

Jim Eastwood

Following our tradition of opening the conference with an *outside of the box* speaker we are pleased this year to welcome *Jedi* Jim Eastwood. Hailing from Cookstown, Jim earned fame in *The Apprentice* for his ability to talk his way out of trouble and for being able to find the positive in the most dire situations.

Tina Fahm

Chair of ARC UK Tina lives by her three core values which are equality, access and social justice. She is director of Tina Fahm Training Limited where she provides training, coaching and consulting in governance. Her clients have included the police, housing organisations, the General Medical Council and the government department for culture, media and sport. She recently completed a governance review for Northern Ireland's government

Jim Gamble

Jim Gamble was Chief Executive of CEOP until he resigned in October 2010. A senior police officer of 25 years, he was head of the Northern Ireland anti-terrorist intelligence unit in Belfast, then most recently tackled organised crime as the Deputy Director of the National Crime Squad.

Christine Jendoubi

Christine Jendoubi took over as Director for Mental Health and Disability Policy in May this year, just three days ahead of the new Health Minister, after 5 years as Director of Primary Care. Before that she worked in the Department of Education for over 29 years, during which she held a variety of senior policy posts, including several years when she had responsibility for special education policy.

Kevin Keenan

Kevin is Assistant Director for Adults and Older People's Services in the HSCB. Kevin also brings a lot of experience in learning disability services to his lead role in developing safeguarding arrangements in NI.

Professor Roy McConkey

Roy is Professor of Learning Disability at the University of Ulster, Northern Ireland; a post jointly funded by the Health and Social Care Board of Northern Ireland. A psychologist by training and a native of Belfast, he has previously held posts at the University of Manchester, in Dublin and in Scotland. He was a member of the Board that advised the Minister on the implementation of the Bamford Review.

He has worked in the field of intellectual disability for over 30 years and has authored, co-authored and edited over 15 books and published over 100 book chapters and research papers in learned journals.



Andy McDonnell

Andy is Consultant Clinical Psychologist to and Director of Studio III Clinical Services. Andy has a particular interest in the design of community settings for people who challenge. He has extensive experience of working with service users with a learning disability and/or an ASD who self harm.

Brian O’Kane

Brian is Senior Principal Officer with the Supporting People Team at NIHE. Over recent years he has worked closely with the ARC Supported Living Special Interest Group in an effective and much valued partnership.

Danny Quinn

Danny is a member of the Muckamore Telling It Like It Is! Group. He was picked by the group to represent them in the UK Campaigner of the Year Award. Following a tight competition he was selected as a worthy finalist.

Steven Yetman

Steven has overcome many obstacles in his horse riding career to allow him to compete and achieve 3 medals in the Special Olympics in Athens this year. Steven has shown a huge commitment over 22 years. Initially he volunteered at a local riding school. Then in 2006 he volunteered for the Special Olympics in Saintfield. Again in 2007 Steven volunteered for the World Games in Shanghai, China. On his return he applied to become an athlete and was successful. He began his training in Coleraine which required Steven to travel once a fortnight from Bangor to Coleraine. Steven also had to organise many fund raising events to pay towards his trip. However, all the hard work paid off for Steven when in June 2011 he came home with a bronze, silver and gold medal from Special Olympics in Athens. Prospects staff who support Steven to live in the community organised a surprise celebration meal for Steven and his family on his return from Athens

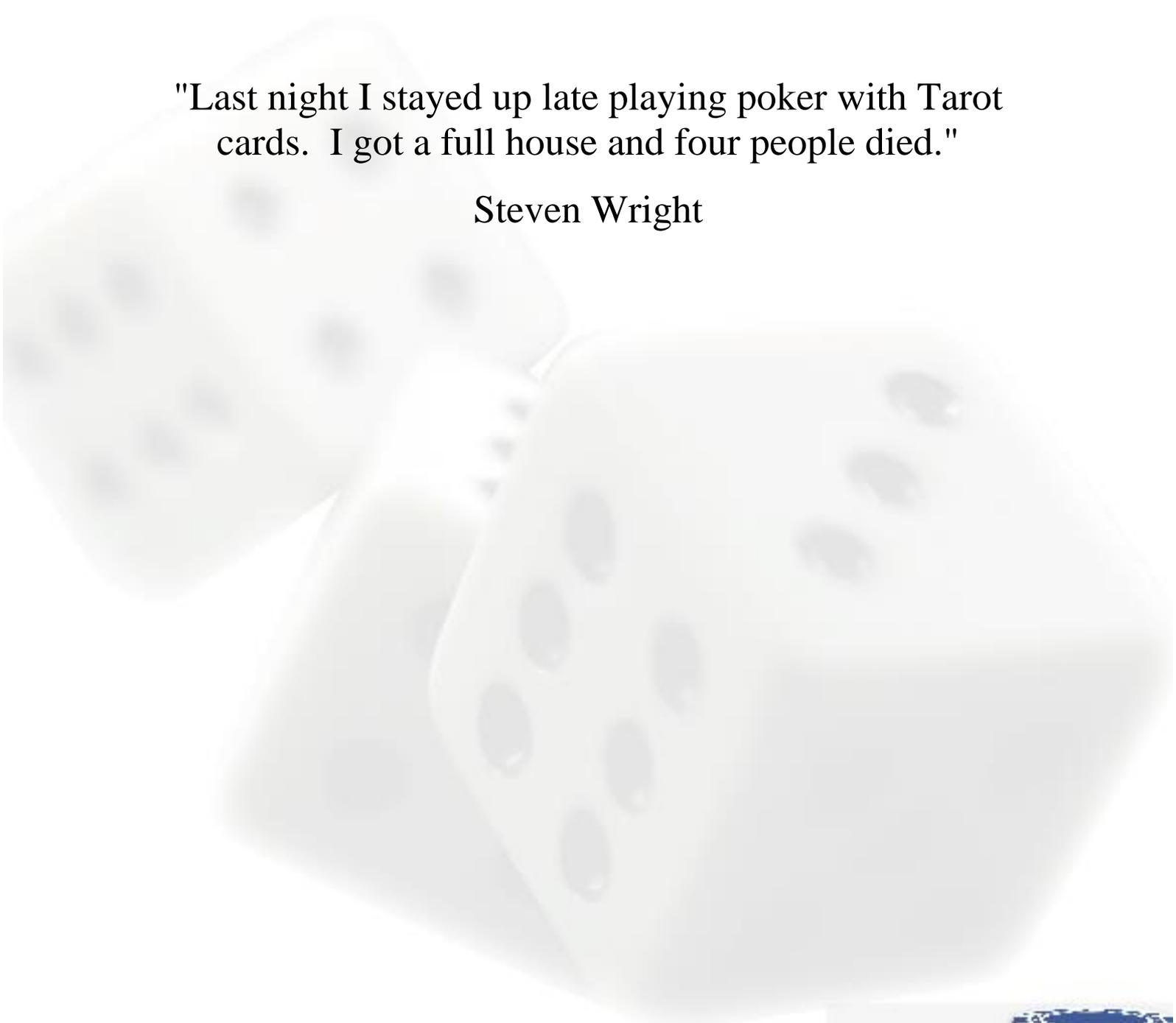


DELEGATES' LIST



"Last night I stayed up late playing poker with Tarot cards. I got a full house and four people died."

Steven Wright



ASSOCIATION FOR REAL CHANGE (NI)
ANNUAL CONFERENCE 2011
Derrynoid Centre, Draperstown
Wednesday 19 and Thursday 20 October 2011

DELEGATES' LIST

First Name	Surname	Organisation
Siobhan	Bogues	ARC (NI)
Ann	Craig	ARC (NI)
Meta	Keenan	ARC (NI)
Mariead	Magill	ARC (NI)
Suzanne	McStravick	ARC (NI)
Siobhan	Pettit	ARC (NI)
Stephen	Walker	ARC (NI)
Liz	White	ARC (NI)
Tina	Fahm	ARC (UK)
Paula	Barker	Autism Initiatives
Katrina	McVeigh	Autism Initiatives
Emma	Nellis	Autism Initiatives
Donal	Gorman	Belfast HSC Trust
Barry	Mills	Belfast HSC Trust
Dora	O'Loan	Belfast HSC Trust
Glenn	Aiken	Camphill Communities (NI)
Caroline	Latimer	Camphill Community (Clanabogan)
Shelia	McCarney	Camphill Community (Clanabogan)
Gusta	Peters	Camphill Community (Clanabogan)
Karen	Stevens	Camphill Community (Clanabogan)
Anja	Sturm	Camphill Community (Clanabogan)
Dolores	Finnerty	Caring Breaks
Laura	Hughes	Caring Breaks
Nikki	Smith	Caring Breaks



First Name	Surname	Organisation
Isobel	Leslie	Cedar Foundation
Colette	Speight	Cedar Foundation
Deborah	Stevenson	Cedar Foundation
Eileen	Thomson	Cedar Foundation
John	Cartmill	Core Respite Services
Christine	Jendoubi	DHSSPS
Jim	Gamble	Fomer Chief Executive of CEOP
Iolo	Eilian	Health & Social Care Board
Anne	Sheridan	Health Matters (NI)
Kevin	Keenan	HSCB
Joyce	McKee	HSCB
Eilis	Mulholland	Leonard Cheshire
Rosie	Maguire	Mencap
Barry	McMenamin	Mencap
April	Smyth	NILD
Gerry	Cunningham	NISCC
Eileen	Dealey	Oaklee Housing Association
Caroline	Keenan-Jackson	Oaklee Housing Association
Deirdre	McGuile	Oaklee Housing Association
Martin	Penney	Oaklee Housing Association
Sinead	Twomey	Oaklee Housing Association
Wilfred	Mitchell	Parkanaur College
Aileen	Boggs	Patient & Client Council
Lisa	Miskelly	Patient & Client Council
Joanna	Clarke	Positive Futures
John	Diamond	Positive Futures
Pauline	Ferguson	Positive Futures
Jane	Gray	Positive Futures



First Name	Surname	Organisation
Joanne	Grimes	Positive Futures
Agnes	Lunny	Positive Futures
Nicola	McCann	Positive Futures
Helen	McLaughlin	Positive Futures
Anne	Murphy	Positive Futures
Brian	McCready	Praxis Care
Anne	Campbell	Presbyterian Board of Social Witness
Denise	Keegan	Presbyterian Board of Social Witness
Linda	Wray	Presbyterian Board of Social Witness
Mervyn	Bothwell	Prospects
Victoria	Duncan	Prospects
Martin	McLaughlin	Rehab Care
Jim	McBride	RQIA
Anthony	Martin	Southern HSC Trust
Stephen	Yetman	Special Olympian Gold Medalest
Andy	McDonnell	Studio 3
Jim	Eastwood	The Apprentice (2011)
John	Mullan	TILII Bangor
Orlagh	Cassidy	TILII Belfast
Mary	Coyle	TILII Belfast
Richard	Ewing	TILII Belfast
Mena	Kahn	TILII Belfast
Kathleen	McVicker	TILII Belfast
Kim	Megarry	TILII Belfast
Alex	Parkinson	TILII Belfast
Robert	Watson	TILII Lisburn
Fred	David	TILII Muckamore
Julie	Dundon	TILII Muckamore



First Name	Surname	Organisation
Roberta	Hoey	TILII Muckamore
Marcella	Laird	TILII Muckamore
Gail	Niblock	TILII Muckamore
Danny	Quinn	TILII Muckamore
Kieran	Reddick	TILII Muckamore
George	Watson	TILII Muckamore
Ciara	McCormack	TILII Volunteer
Amanda	Crawford	Triangle Housing Association
Mervyn	Garrett	Triangle Housing Association
Bernie	Gibbins	Triangle Housing Association
Denise	Magill	Triangle Housing Association
Marie	Scullion	Triangle Housing Association
Colette	Sheppard	Triangle Housing Association
Alison	Simpson	Triangle Housing Association
Roy	McConkey	University of University
Susan	Taylor	Vela Microboards (NI)



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