



**Fairy Tales, Fables and Facts:  
Bamford Vision, where are we?  
ARC NI Conference 2016**

**Armagh City Hotel, Armagh  
29th – 30th September 2016**

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**“Fairy tales do not tell children the dragons exist.  
Children already know that dragons exist.  
Fairy tales tell children the dragons can be killed.”**

**G.K. Chesterton**

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*If you go into the woods today,  
you're in for a big surprise!*



# W E L C O M E

On behalf of ARC NI I would like to warmly welcome you to our Conference, the 12<sup>th</sup> delivered since 1999. This year we are delighted that over 200 people will be joining us over the next 2 days.

With a new Government Structure, Mandate and draft Programme for Government covering the next 5 years, this time of review and change has resulted in feelings of both anticipation and optimism. The continued challenge of public service cuts is well documented, yet the opportunity for real collaboration has been presented. Therefore energy and focus needs to be given to consider how we ensure these changes work for people with a learning disability.

This backdrop prompted us to choose as our conference theme 'Fairy Tales, Fables and Facts: Bamford Vision, where are we?'

I hope you enjoy the time together over the next 2 days, when we will celebrate what progress has been achieved and most importantly, identify what steps are still required to make the Bamford Vision become a reality.

The conference has only been possible through the hard work and support of many whom I would like to sincerely thank.

- All our workshop facilitators and speakers for willingly offering to contribute.
- The creative and dedicated ARC NI team who have worked tirelessly behind the scenes.
- Our Sponsors namely Triangle Housing Association; Health Matters and Modern Office Supplies; and Exhibitors; whose financial support helped keep our conference fees low
- The Conference Planning Group whose advice has been invaluable – Agnes Lunny, Denise Magill; Dolores Finnerty; Mary Doran; Maureen McKeague and Mervyn Bothwell.
- TILII in both their role as Roving Reporter and Co-Chair.
- Staff at the Armagh City Hotel for their patience and hard work.

Thank you in advance for contributing your thinking and I hope you enjoy the conference and have some fun!

Leslie-Anne Newton

**Director**

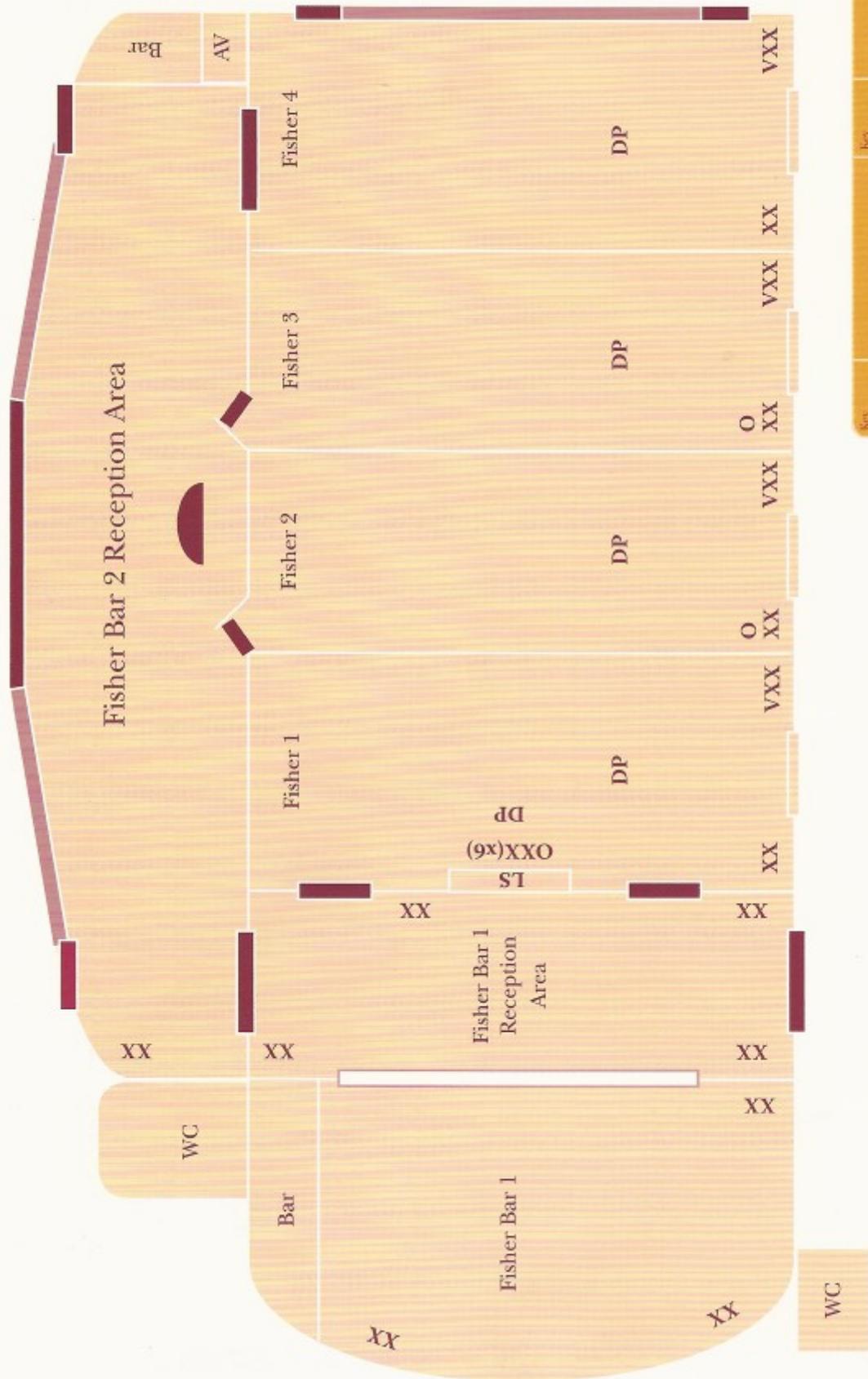




*Actually the best gift you could have given  
her was a lifetime of adventures.*



# FISHER SUITE LAYOUT



Key	Key	Key
SS	Emergency Exits	SS
LS	Wireless	LS
PS	Glass Doors	PS
DP	Toilets	DP
O	Double Sockets	O
XX	Double Sockets (6 sets)	XX
XX(x6)	Internet Sockets	XX(x6)
V	Registration Desk	V
	Small Screen (3m x 2.5m)	
	Large Screen (4.5m x 3.15m)	
	Plasma Screen (90cm x 55cm)	
	Data Projection (fixed to ceiling)	
	3 Phase Sockets	
	AV Room	



# PROGRAMME



# **DAY 1:**

## **THURSDAY 29 September**



### **FISHER BAR 2 RECEPTION AREA**

**9.00am** Registration & Refreshments

### **FISHER SUITE 3 & 4**

**9.30am** Conference Welcome — **The Way To Read A Fairy Tale Is To Throw Yourself In**

**Conference Chairs:** Leslie-Anne Newton, ARC (NI) Director, Kim Atcheson and Alex Parkinson, TILII Member

**9.40am** **The Crystal Ball**

**Michelle O'Neill, Minister for Health, Northern Ireland**

The Minister will provide an update on funding and prioritisation of learning disability services to realise the fulfilment of Bamford within a new Mandate.

**9.50am** **The Facts Of A 'Silent Observer'**

**Clodagh Dunlop**

Clodagh who suffered from Locked In Syndrome in 2015, will share her story and inspire us by describing her recovery achieved through determination and self-belief.

**10.00am** **The Hare And The Tortoise – Slow And Steady Wins The Race**

**Lorraine Brown, Bamford Policy Lead, Department of Health**

Lorraine will share the key findings of the recent evaluation of Bamford 2012-15 Action Plan which engaged over 200 people with a learning disability and over 300 parents/carers. She will then confirm the priorities of focus going forward.

**10.20am** **Looking Back And Moving Forward**

**Theresa Nixon, Director of Mental Health and Learning Disability and Social Work, RQIA**

Theresa will share the key findings of the recent review of Adult Learning Disability Community Services which engaged five Health and Social Care Trusts and over 200 adults with a learning disability including their carers and parents. She will then confirm the priorities of focus going forward.

**10.40am** **Cinderella Parents – Developing Parents/Carers As Transformational Leaders.**

**Orla Watt, Nurse Consultant / CEO, Parent Action and Parent Co-facilitator**

Orla will present the Parent Action model of enabling, advocacy and empowerment of parents and carers, as transformational leaders to affect service improvement and cultural change in health, social care and education in NI.

**11.10am** **Workshops 1 (Refreshments will be served in Workshop Rooms)**



## **FISHER SUITE 1 & 2**

**12.40pm** Lunch



## **FISHER SUITE 3 & 4**

**1.30pm**

### **Advocacy Through The Looking Glass**

**Miriam Somerville, Advocate, VOCAL**

VOCAL will use some of Alice's experiences in the Looking Glass to reflect our learning of individual's experiences in the Wonderland.

**2.00pm Workshops 2 (Refreshments will be served in Workshop Rooms)**

**3.30pm Equal Lives – The Emperor's New Clothes. Challenging The Future.**

**Roy McConkey, Emeritus Professor of Developmental Disabilities, Ulster University**

The Equal Lives Report designed a new wardrobe of services for people with a learning disability and their family carers. Ten years on, the Emperor - the Northern Ireland Executive - claims to be wearing the clothes but there are many naked patches. Roy will discuss why has it proved so difficult to weave a new fabric of supports.

**3.55pm Do Not Lose Hope—What You Seek Will Be Found**

A Q&A Session with all key note speakers.

**4.20pm We're Off To See The Wizard. We Can Achieve Transformation, We Just Need To Believe It!**

**Agnes Lunny, ARC NI Chair**

Closing Comments.

**4.30pm CLOSE**

## **FISHER BAR 1**

**7.30pm Conference Dinner**





## **DAY 2:**

### **Friday 30 September**

#### **FISHER SUITE 4**

**9.00am** Registration & Refreshments

**9.30am Conference Welcome**

**Magic Is Believing In Yourself. If You Do That, You Can Make Anything Happen**

**Conference Chair:** Agnes Lunny, ARC NI Chair

**9.40am Fairy Tales Can Come True!**

**Jeremy Gardiner, Director, Core Leadership Group Ltd**

Leadership is being the change you want see.

While being a minister of religion in the North Antrim area, Jeremy took on the role of visibly displaying a different way of interacting with people in a town that was renowned for sectarianism. This led to a number of challenging conversations that opened up the door to new beginnings for all involved. This personal story is of disrupting the norm, which will encourage you to consider different ways of communicating your message.

**10.25am To Ultimately Slay The Dragon, Sometimes You Have To Take A Hit – How To Cannibalise Your Own Business To Push It Forward**

**Carla Tully, President, AES UK & Ireland**

Leadership is being your own competitor! Carla will share her experience of a sector created 135 years ago and how she has embraced the very things that threatened survival through innovation and investment.

#### **FISHER BAR 2 RECEPTION AREA**

**11.10am Refreshments**





## **FISHER SUITE 4**

**11.30am To Be Seen As We Truly Are, Is The Biggest Risk We Will Ever Take. Will We Be Enough As We Really Are? - Let's Take A Risk With Risk**

**David Carson, Associate of Ulster University**

Leadership is creative! David will share an approach adopted by the UK police – a means of delivering a proactive, preventive, principled approach to supporting professionals in the risk-taking which their job demands of them.

**12.15pm The Yellow Brick Road – Bringing The Mind Home**

**Frank Liddy, Mindfulness Practitioner, AWARE**

All human beings possess the capacity to 'experience' the present moment. Of what benefit is this? When we experience the present moment in full sensory awareness, we see, hear and feel the voices of others in a fresh way; in a way which enables those who want to be 'heard' to 'feel' heard. Mindfulness can help build relationships, through helping us to understand and sense the interconnectedness of all beings and the realisation that we no longer need to 'strive' as a leader rather, it teaches us how to 'be' a leader.

**1.00pm Fairy Tales Are More Than True, Not Because They Tell Us Dragons Exist But Because They Tell Us They Can Be Beaten.**

**Leslie-Anne Newton, ARC NI Director**

Closing Comments

**1.20pm CLOSE & LUNCH**





*Even miracles take a little time.*





# **WORKSHOPS**

**Please note workshops are  
occurring on Day 1 only.**



**THURSDAY 29 SEPTEMBER  
MORNING**

**The Goldilocks Effect - Supporting young school leavers to find what's "just right" for them.**

**Lydia Lynas, Christine Johnston, Julie Anderson and Louise Macrory**, Orchardville Society

Facilitated by The Orchardville Society, this workshop will discuss the realities and practicalities for young people with a learning disability and/or Autism Spectrum Condition leaving school and moving on to the world of work. In this workshop, evidence of success stories will be shared based on 20 years' experience. Through discussing examples of best practice, participants will be encouraged to explore the benefits of partnership working between young people, their families, schools and social workers in delivering a transitions service.

**ROOM: BENBURB**

**How to cast a Configuration Spell through advocating on resettlement**

**Sinead Campbell**, Disability Action; & **Una Torrens**, Bryson Independent Advocacy

Facilitated by Mencap, Disability Action and Bryson Advocacy, this workshop will demonstrate how advocacy has encouraged and supported individuals and their families during resettlement, and confirms the need for effective collaboration between all stakeholders involved. Participants will learn of the challenges identified, how these were overcome and the 'Quality of Life' process, including its effectiveness in evaluating the change in individual's circumstances.

**ROOM: MOY**

**Given the Right Choices It Can Result in a Happily Ever After: Choice Checkers**

**Leanne McCafferty & Alison Simpson**, Triangle Housing Association

Facilitated by Triangle Housing Association, this workshop will demonstrate how working in partnership with people with a learning disability throughout an initiative (from planning and development to delivery and reviewing) enabled the creation of a bespoke, person centred resource that works for each individual. Participants will learn of the potential benefits and outcomes for the people they support, the service itself and the wider organisation.

**ROOM: KILLYLEA**

**Oisín and the fabled land of Tír na nÓg - How low arousal and stress reduction can help lead to the promised land**

**Darragh McCullagh & Jonathan McGookin**, Positive Futures

Facilitated by Positive Futures, this workshop explores the transactional model of stress and provides participants with an understanding of the low arousal approach and its application to positive behaviour support.

Participants will consider real examples of stress management plans and learn of the positive impact on people's lives, including those with complex needs.

**ROOM: RICHILL**

**The Ant and The Grasshopper: Be prepared. Prepare for the Inevitable.**

**Margaret Cameron, Irene Millar & Susan McBride**, Inspire Wellbeing

Facilitated by Inspire Wellbeing, this workshop will discuss how an organisation can improve practice, meet and exceed minimum standards and implement Bamford to achieve positive outcomes for the service users they support. Through case studies, participants will learn of an experience whereby on taking over a failing service, Inspire embarked on a journey of continuous improvement and identified key areas for improvement. This included the need of informed leadership and management, a refocused training and development programme for staff, reintroducing a process of working constructively and productively with commissioners and regulators, and the co-production of 'Best Practice' standards for service delivery for the people who use the services.

**ROOM: FISHER 3 & 4**



**THURSDAY 29 SEPTEMBER**

**AFTERNOON**

**The Wizard's Guide to Supporting Parents who have a learning disability**

**Amanda Burgess, Joanne Dowie & Anne Marie Cooke** Belfast HSC Trust

Facilitated by the BHSCT, this workshop will discuss why parents with a learning disability have their children removed, and will consider the interface between learning disability services and family and childcare services. Participants will consider barriers to parenting, available assessment tools and through hearing from a parent with a learning disability, they will explore how best to support parents with additional needs.

**ROOM: BENBURB**

**You Shall Go to the Ball: Facilitating community participation and choice for people with a learning disability**

**Pauline Spence & Geraldine McGurk**, Mencap NI

Facilitated by Mencap, this workshop will encourage participants to share information on key challenges faced in supporting people with a learning disability to become active in their community, and to identify examples of good practice in doing so. It will draw on the real life experience of Mencap's 'Lifestyle Support Service' and the 'Link Me Project', and encourage participants to develop flexible solution - based approaches to meet current and future need.

**ROOM: MOY**

**Mirror, Mirror on the Wall There's a Leader in Us All: Values Driven Leadership**

**Leanne McCafferty & Arlene Dickson**, Triangle Housing Association

Facilitated by Triangle Housing Association, this workshop will share a range of HR tools developed in order to drive a 'value based leadership culture', with a view of ensuring a successful organisation which meets business objectives. Participants will hear examples of learning and development opportunities for people with a learning disability, which empower people with a learning disability to steer organisational development and explore competency assessment frameworks which detail specific leadership capabilities across all staff.

**ROOM: KILLYLEA**

**The Quest for the Holy Grail - How creative planning and support can get you the life you want.**

**Jemma Ennis-Dawson & Anne Murphy**

Positive Futures

Facilitated Positive Futures, this workshop will share a new person-centred strategy called 'The Life I want' which ensures the people supported have real choice, control and flexibility over the support they receive.

Participants will learn of two integrated models of practice, hearing directly from family members and individuals and explore how this approach helps prepare organisations and individuals for Self-Directed Support.

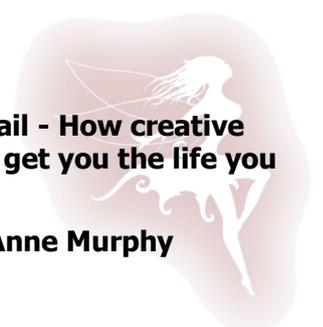
**ROOM: RICHILL**

**Jack & the Beanstalk - "Then he looked upwards and his smile grew broader, joyous in the anticipation of how much further he could yet go."**

**Lizzie Dixon & Anna McGurn**, Camphill Communities NI

Facilitated by Camphill, this workshop looks at an integrated approach to health and wellbeing throughout the stages of life for people with a learning disability. Participants will learn of a model which meets changing needs through an individuals' lifetime, as a result of a unique way of living and/or working together that enables people to live purposeful, healthy lives in a community they are part of and contribute to. Participants will discuss measurable data to reflect outcomes evidencing improved quality of life.

**ROOM: FISHER 3 & 4**





*Isn't it funny how day by day nothing  
changes, but when you look back  
everything is different*





# **CONTRIBUTORS' BIOGRAPHIES**



# CHAIRS

## **Agnes Lunny**

### **ARC NI Chair & CEO of Positive Futures**

Since qualifying in Social Work, with the exception of 5 years working in juvenile justice, Agnes has spent the rest of her working life leading on the development and delivery of services and supports to people with a learning disability, acquired brain injury and autistic spectrum condition.

Agnes has been Chair of ARC NI since it began in 1999. Agnes, Chief Executive of Positive Futures since its inception in 1995 was awarded an OBE in 2006 for her services to learning disability. Agnes is registered blind and is married with one daughter aged 16.

## **Leslie-Anne Newton**

### **ARC NI Director**

Since achieving a BA (Hons) in Social Welfare, Leslie-Anne has worked predominantly in the voluntary sector for the past 15 years, collaborating with the statutory and corporate sectors and engaging with Government Departments across Education, Health and Social Services.

Before joining ARC NI in May 2014 she held the post of Head of Programmes for Save the Children in Northern Ireland. She recently fulfilled an Advanced Diploma in Sustainable Investment of the 3<sup>rd</sup> Sector. Leslie-Anne is married with two children, aged 3 and 6.



## **Kim Atcheson**

### **Telling It Like It Is (TILII) Member**

My name is Kim and I have Down Syndrome. I studied NVQ level 1 Admin at Bangor College and have spent the last six years on a work placement at Action Mental Health Promote, where I work in the office.

I have been a member of TILII since 2004, and really enjoy delivering staff training to help staff understand how people with learning disabilities can best be supported. I also develop Easy Read documents and recently in my new role as a Roving Reporter, I met the Mayor of Newtownards.

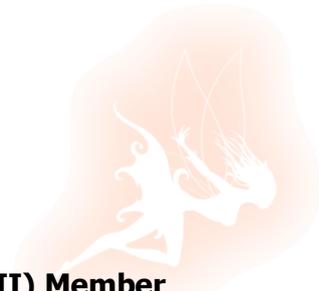
I live with my parents at home in Bangor and love visiting my young nieces and nephews. I enjoy visiting garden centres and going for lunch in nice restaurants, as well as, putting my feet up and watching the soaps.

## **Alex Parkinson**

### **Telling It Like It Is (TILII) Member**

My name is Alex Parkinson and I have a learning disability. I am an RQIA Lay Assessor. I am also a member of the Tenants Advocacy Group, Primrose Advocacy Group and the TILII Advocacy group which I joined five years ago. I am passionate about speaking out for people with learning disabilities as I live it every day of my life. I enjoy being in TILII with my friends and I love staff training, it's about us all working together to make life better for everyone.

I live in supported living but I am still very much a family man, family are really important to me. I spend a lot of time with my parents as well as enjoying spending time with my nephew and nieces. I am a film buff and my claim to fame is appearing as an extra in 'Mo', a movie made for the TV about Mo Molam starring Julie Walters.



# SPEAKERS

## **Lorraine Brown, Department of Health**

**Lorraine** has worked in the Department of Health for 11 years, 4 years in the Mental Health and Capacity Unit. She took on policy lead for the Bamford Action Plan in 2013 and has led on the evaluation of the Bamford Action Plan 2012-15. She is a mum of 3, with her 2 youngest children having Down's Syndrome. Lorraine is actively involved in a local Down's Syndrome support group.

## **David Carson, Ulster University**

David who graduated from QUB, was Reader in Law and Behavioural Sciences at the Universities of Southampton and Portsmouth. His teaching and writing has focussed on the preventive, practical and inter-disciplinary. For example, the U.K police adapted and adopted principles from his 2008 book, on positive approaches to risk-taking. Their 10 principles of risk-taking – see: <https://www.app.college.police.uk/app-content/risk-2/risk/> - encourage and support police officers when they, as they necessarily must, take professional risks. He is an Associate of Ulster University and, with colleagues there, he is devising proposals for tackling the inadequacies and inefficiencies of investigations and inquiries into adverse incidents in health and social care.

## **Clodagh Dunlop**

**Clodagh**, aged 37 from Magherafelt, is an award winning Police Officer based near Derry in Northern Ireland. Her life was turned upside down when, at the start of April 2015, she suffered a brainstem stroke which left her with Locked In Syndrome. Struggling to survive, Clodagh had to learn how to breathe, swallow, walk and talk again. In doing so, she astonished her doctors with her determination and courage. Determined to run again and to return to work, Clodagh is an advocate for stroke survivors, raising awareness of the difficulties young survivors encounter.

## **Jeremy Gardiner, Core Leadership**

**Jeremy** is the Director of Core Leadership, an organisation focused on developing high performance leaders. His own leadership journey started in contentious circumstances, when he was required to provide civic leadership on grass root sectarian issues in the area of North Antrim, Northern Ireland. Through this experience Jeremy recognised the need for objective support while

holding a leadership position. Since then he has focused his time and energy on being a trusted companion to other leaders in a variety of contexts, offering them a confidential place to explore different options while they move their organisations towards success.

## **Frank Liddy, AWARE**

**Frank** has developed a prolific status in both Northern Ireland and internationally through 30 years' experience in the delivery of Mindfulness. Frank worked in the mental health sector for some twenty-five years developing his skills through specialising in addictions, trauma and recovery. He studied Mindfulness at the University of Wales and is accredited to use both Mindfulness Based Stress Reduction and Mindfulness Based Relapse Prevention. Frank has successfully delivered conference lectures, experiential and practice-based Mindfulness programmes and workshops to an extensive range of high profile organisations in Health Care, Education (including QUB and UU), Private and Public sector.

## **Roy McConkey, Ulster University**

**Roy** is Emeritus Professor of Developmental Disabilities at Ulster University and visiting Professor at the University of Cape Town, South Africa and at Trinity College, Dublin. Currently he is a consultant to Special Olympics International and is involved in the global evaluation of their Unified Sports and Healthy Communities programmes. In Ireland, he has been involved in the evaluation of personalised accommodation and support arrangements for persons with disabilities, which were grant-aided by Genio Trust. He is advising the Health Services Executive on information systems and working with the Health Research Board on longitudinal analyses of service provision for persons with intellectual disabilities.

His latest book, co-edited with Edurne Garcia-Iriarte and Robbie Gilligan, is entitled *Disability and Human Rights: Global Perspectives*. It was published by Palgrave-Macmillan in December 2015.



## **Theresa Nixon, RQIA**

**Theresa** joined RQIA in October 2005 and is the Director of Mental Health and Learning Disability and Social Work. Theresa has a wide range of experience in social work. Prior to joining RQIA she was Deputy Director of Children and Family Services in the Eastern Health and Social Services Board. In addition, Theresa is the Northern Ireland representative on the UK National Preventative Mechanism (NPM) Steering Group and Chairperson of the UK NPM Mental Health Sub Group. She is currently involved in the NISCC Working Group in revising the Code of Conduct for Employers of social workers and social care workers.

## **Michelle O'Neill, Minister for Health NI**

**Michelle O'Neill** MLA, was appointed as Minister for Health in the Stormont Executive on Wednesday 25 May 2016.

Michelle previously was the Minister of Agriculture and Rural Development.

Representing Sinn Fein in the Mid-Ulster Constituency, Michelle was first elected to the local Assembly in 2007. During this term she held the position of Deputy Chair of the Committee for the Department of Health, Social Services and Public Safety (DHSSPS) and was also a member of Committee for the Department of Education (DE).

Michelle was elected to Dungannon and South Tyrone Borough Council in 2005 and in 2006, she was the first woman to take the role of Deputy Mayor. In 2010 she was the first female Mayor of Dungannon and South Tyrone Borough Council.

## **VOCAL Advocacy**

VOCAL members have wide ranging experience of supporting people with learning disabilities. Those speaking today are:

**Orlagh Cassidy** who is well known and experienced in the field of learning disability. Orlagh has assisted with a number of consultation and advocacy exercises in VOCAL to ensure that the voice of people with a learning disability is heard. She is interested in helping to produce easy read materials to make sure that policies and other written materials are more accessible.

**Gina Hagan** who is a social worker by profession established and ran a supported living organisation in Scotland for many years. Gina is particularly skilled in helping people develop an individualised plan and making sure that the plan becomes a way of life.

**Mena Khan** who has been involved in a variety of advocacy and consultation exercises over several years. Mena brings a particular expertise in the field of people with learning disabilities who also have health challenges.

**John McCart** who is a social worker by profession and has considerable experience in supporting individuals who are trying to negotiate a path through the bureaucracy of "service land". John is passionate about the rights of individuals to live the life they want and has been responsible for developing a number of services in line with this principle.

**Ronnie Patterson** who is well known as an experienced contributor to policy development for people with learning disability. Ronnie was a founder member of the TILII (Telling It Like It Is) Group and since then has played an important part in supporting people individually or as peer groups in speaking up for themselves.

**Miriam Somerville** has worked with people with learning disabilities for many years and in a variety of roles. Miriam has a particular interest in how people who don't use speech, or who have mental health difficulties, ensure that their voice is heard.

## **Carl Tully, AES UK & Ireland**

Carla is President of AES UK & Ireland. She is responsible for the development and execution of AES' business strategy, leveraging off the existing 1,920 MW of generating capacity in Northern Ireland and the energy storage development pipeline and track record across the UK and Ireland.

She most recently served as Vice-President of the Corporate Strategy & Investment Group at the AES Corporation. Ms. Tully also worked at the Inter-American Development Bank (IDB) where she focused on financing and promoting sustainable energy investment throughout Latin America and the Caribbean.

## **Orla Watt, Parent Action**

**Orla** is a registered children and young people's nurse, with a specialist honours degree in Community Children's Nursing. Orla has over 21 years experience of working with families who are raising children and young people with disabilities and continuing care needs, in both acute hospital and community settings in Northern Ireland.

Orla is also the parent of three children, one of whom has a long term health condition, and has 10 years of expertise by experience, of battling to promote and protect the human rights of her child, in his receipt of health, social care and education services, in Northern Ireland.

Orla completed 5 years of doctoral programme in 2014, examining the experiences of mothers raising children with autism and younger siblings in Northern Ireland. The findings of this research, along with the passion and support of a number of parents, resulted in the creation of Parent Action.

# WORKSHOP FACILITATORS

## **Julie Anderson, Orchardville**

**Julie** is the Training Officer for the Orchardville Society. She has been with the Orchardville Society for nearly a year and before that she was a teacher for 10 years and so has experience of both sides of the coin.

## **Amanda Burgess & Joanne Dowie**

### **Belfast HSC Trust**

**Amanda Burgess** Team Leader East Belfast Learning Disability Services. Lead for supporting parents with a learning disability service.

**Joanne Dowie** Community Support Worker for parents with a learning disability

Supporting parents who have a learning disability has been an issue for the Belfast Trust for many years. Following on from the Finding the Right Support report (Baring Foundation), the Trust made a commitment to actively seek support for parents who have a learning disability. Amanda was appointed as a senior practitioner in social work to take forward this work. The Learning Disability Service also funded Joanne's post.

The purpose of the service is to provide accurate ongoing assessments of parents with a learning disability using the PAMS tool, to develop a person centred care and support plan to help the parent in the daily task of caring for their child, to help the parent access community services, to develop individualised teaching tools, and to liaise with other professions and agencies. The service also provides ongoing training around the issues which parents and professionals might face, and to provide mentoring for other programmes using the PAMS within the Belfast Trust.

## **Margaret Cameron, Inspire Wellbeing**

**Margaret** is Director of Learning Disability Services – Inspire Wellbeing. Margaret commenced her career with the Eastern Health and Social Services Board by undertaking nurse training in learning disabilities studies. She then worked in Registered Residential Care before taking a break from nursing due to family commitments. She returned to work in Care and Support Services in 1989, completing a BSc (Hons) in Nursing Studies with RGN Qualification in

1996 and taking up various posts as a Staff Nurse, firstly with Northern Health and Social Care Trust and later with Belfast Health and Social Care Trust. Margaret completed an MSc with Health and Social Services Management Specialism and a PG Certificate in Learning Disability Studies in 1997.

Since qualifying in 1996, Margaret has worked in a variety of senior posts within HSCTs and Board and the Community and Voluntary sector and statutory sector. These include Director of Support Services for Triangle Housing Association, Regional Health and Social Services 'Supporting People' Professional Advisor for Health and Social Care Board, and Service Manager for Learning Disability Services within Belfast Health and Social Care Trust. She enjoys hill walking, swimming, travelling and working with children and young people in various youth groups and children's work within her church.

## **Sinead Campbell, Disability Action**

**Sinead** has worked as an Independent Advocate for Disability Action for over eight years. She currently manages the advocacy service across learning disability and physical and sensory disability in the SHSCT and physical and sensory within the WHSCT. Prior to this she worked as a Specialist Advisor on Disability within Disability Action.

## **Arlene Dickson, Triangle Housing Association**

**Arlene** has lived in Supported Living in Ballymoney for the last 7 months. She works part-time in her local hospice shop and she loves knitting. She goes to a 'knit and natter' group in the local library and it has been a great way to meet new people.

Arlene is also a Triangle Choice Checker since August 2014 and loves it. She did a 6 week course to become a Choice Checker; and doing Choice Checker Chats has helped her to develop confidence and make new friends.

## **Lizzy Dixon, Camphill Mournie Grange**

**Lizzy** has worked in the area of learning disability for 20 years, 16 of those years were with the Southern Health & Social Care Trust. For the past two years she has been Registered Manager for Mournie Grange Camphill Community.



### **Alana Douggan, Triangle Housing Association**

**Alana** has worked in Triangle for the past 8 years. During this time she has worked in a variety of supported living settings. She loves her job as it enables her to actively support people, promote their independence and help them to lead fulfilled lives the way that they choose.

Alana has completed a vast array of training throughout her career which has helped to develop her knowledge and skills, but her most invaluable learning is on the job. Working with people, listening to them and finding out what is important to them is the only way to ensure that you are supporting them in the way that suits them best. Becoming a Choice Checker has enabled her to provide support in a very person-centred way and share best practice throughout the organisation.

### **Jemma Ennis-Dawson, Positive Futures**

**Jemma** joined Positive Futures in late 2013 to coordinate the delivery of person-centred outcomes as part of 'The Life I Want Project'. This Project, initiated in partnership with Helen Sanderson Associates, is the current iteration of Positive Futures' approach to person centred services. It uses a workshop based approach with individuals with a learning disability and the key people in their lives to develop person-centred plans and identify the right supports in order to get the "perfect week".

Jemma also manages the 'Community Connections' Project funded by the Social Work Innovation Fund which uses a positive risk enablement approach to supporting people with a learning disability to participate in the life of their community. The project also helps organisations to develop their own framework for positive risk enablement.

More recently, Jemma has been co-ordinating Positive Futures' work on Self-Directed Support and Service Brokerage.

### **Christine Johnston, Orchardville Society**

**Christine** has worked at Orchardville for over 10 years, briefly as an Employment Officer but primarily as a Transitions Officer working with both schools and individuals. In this time she has gained a great deal of experience in addressing and overcoming the fears and challenges faced by those leaving school.

### **Lydia Lynas, Orchardville Society**

**Lydia** has worked at The Orchardville Society for over twenty years and has amassed a vast amount of knowledge of the sector. She currently heads up the Employment and Skills service at Orchardville including our Transitions services.

### **Louise Macrory, Orchardville Society**

**Louise** is a Project Co-Ordinator at the Orchardville Society working on 'Project Ignite' our main employability program. She has been working at Orchardville for two and a half years.

### **Susan McBride, Inspire Wellbeing**

**Susan** has over 23 years of experience working within the Health and Social Care sector.

Throughout her career she has worked in a variety of settings, including Day Care services, Residential Care and Supported Living, providing care and support for older people, adults with learning disabilities and people with mental ill health.

Susan began her employment with NIAMH/Inspire two years ago managing a Residential Care home in Omagh, before her current position of Registered Area Service Manager in a Supported Living scheme in Armagh.

### **Leanne McCafferty**

#### **Triangle Housing Association**

**Leanne** has been the Learning & Development Officer in Triangle for the last 4 years. She has worked in Learning Disability Services for 20 years in a variety of settings, from Day Care, Residential Homes and managing Supported Living accommodation. She has two key functions within her role: one is to support the Learning & Development of Triangle social care staff. The other is to support the learning and development of Triangle service users, as well as promote and provide opportunities for service user involvement within the Organisation.

In Leanne's job no two days are the same, and this keeps the job interesting. It's great to work for an organisation who believes that service user involvement and staff development are vital to the work that we do. This means that we are constantly looking at new ways to engage and develop our staff and the people we support. Leanne loves researching and exploring new initiatives and ways of working. Leanne's job gives her the scope to be able to do this.

## **Darragh McCullagh & Jonathan McGookin**

### **Positive Futures**

**Darragh** and **Jonathan** both hold third level qualifications in Applied Psychology. They have worked for Positive Futures for a combined 12 years, both drawn to the organisation by the positive ethos and can do attitude. Both men are qualified Studio 3 trainers and provide full time training and support to the organisation's 500+ staff, as well as working with staff teams on the ground. Their full time dedicated roles have helped to cement the reputation Positive Futures has for providing first class, person-centered support to people with a learning disability, acquired brain injury and autism spectrum conditions. The organisation has a strong focus on human rights, restrictive practice and capacity issues, and both Jonathan and Darragh are passionate advocates of how reducing stress and supporting people in a respectful and non-aversive way, is the key to reducing behaviours of concern, improving lives and helping individuals to achieve their dreams.

## **Geraldine McGurk, Mencap NI**

**Geraldine** has been employed by Mencap since September 2010. In 2011 Geraldine commenced working on The Citizenship Project – Day Opportunities Service, which was a cross border project for people with disabilities for eighteen months. The money for this project was secured by the Co-Operation and Working Together (CAWT) Programme from the European Union (INTERREG IVA). Mencap won the tender to deliver the project on behalf of the Western Health and Social Care Trust (WHSCT) and re-named the project, Lifestyle Support Project. The aim of the Lifestyle Support Project is to provide opportunities for adults with a learning disability to engage and participate in their local community by accessing community facilities and services. During this project, Geraldine supported a number of individuals from across the Western Health and Social Care Trust (WHSCT) area to access activities of their choice in their local community. From January 2013 to present Geraldine has continued to offer individualised support to people with learning disabilities and their families across Northern Ireland through Lifestyle Support.

## **Anna McGurn, Camphill Clanabogan**

**Anna** originally comes from a psychiatric nursing background and has long been involved in quality assurance. Anna has been working in Camphill Clanabogan for over three years.

## **Irene Millar, Inspire Wellbeing**

**Irene** is married with two sons aged 33 and 28. She qualified in General Nursing in 1975 and worked in various roles in the Belfast Trust. She left her post as Directorate Manager for Medical Education and Research in 2007. Irene joined the staff of Niamh (Beacon) Mental Health Services (Supported Living) as a Scheme Manager and was promoted to Service Manager in 2010. In 2014 Irene applied for the post of Assistant Director with Inspire (Niamh Learning Disability Services) which is her current role.

## **Bronagh Mullan**

### **Triangle Housing Association**

**Bronagh** commenced employment as HR Manager with Triangle Housing in October 2015. She holds chartered status with CIPD and has worked in HR for more than 20 years in various roles within the public and private sectors.

Triangle has a strong value base and has a professional approach to its people management. Bronagh is thrilled that she has been given the opportunity to work with Triangle to continue this journey to build better lives for Triangle staff, service users and the wider community.

## **Anne Murphy, Positive Futures**

**Anne** joined Positive Futures in August 2004. Since then, she has worked in a number of roles in both family and supported living services. Anne's most recent role has been to manage the Big Lottery funded older carers project, 'Better Futures'. This 4 year project supported over 90 families caring for a family member with a learning disability and included supporting families to create emergency and future plans.

Anne now coordinates Positive Futures' work on Self-Directed Support. She also manages the 'Community Connections' and 'The Life I Want' Projects. 'The Life I Want' Project is a person-centred strategy, which ensures that the people we support have real choice, control and flexibility over the support they receive to have the life they want.



### **Alison Simpson, Triangle Housing Association**

**Alison** has worked for Triangle since 1993. She is a qualified nurse and has worked in Learning Disability Services since completing her training. She is a Regional Manager in Triangle, responsible for all of Triangle Housing Association's supported living services and an outreach service in the Ballymena/Ballyclare area.

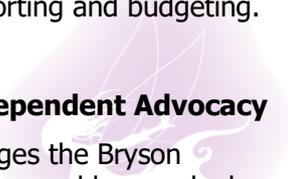
Alison's job enables her to work with a wide variety of people and support individuals with learning disabilities, acquired brain injuries and complex needs. Alison is responsible for overseeing service user involvement within Triangle, and promoting ways for our service users to have their voice heard both within the Organisation and the wider community. She loves working directly with service users and through initiatives, such as TAG (Tenants Advisory Group) and Choice Checkers, supporting them to develop their confidence and empower them to be the drivers in their own lives.

### **Pauline Spence, Mencap NI**

**Pauline** currently works as Business Support Officer for Mencap. She has over 20 years experience of working in the voluntary sector, including over 16 years working with Mencap, initially as a Project Co-ordinator and now in her current role. Her work in Mencap has included the development of strategic and operational plans for the organisation and the development and management of a number of successful projects. Pauline supported the development of the 'Link Me' Project concept and provides ongoing support to the project manager and staff with planning, reporting and budgeting.

### **Una Torrens, Bryson Independent Advocacy**

Una Torrens currently manages the Bryson Independent Advocacy Service and has worked as an advocate for Bryson Care for twelve years. The service is funded by the Belfast and South Eastern Trusts to support adults with a learning disability within these Trust Areas including Muckamore Abbey Hospital. Although mainly involved with learning disability the Advocacy Service is also growing rapidly within the court arena supporting vulnerable adults including those who are going through family and childcare procedures.





*It's never too late to  
live happily ever after*





# DELEGATES' LIST



# ASSOCIATION FOR REAL CHANGE (NI)



## CONFERENCE 2016

**Armagh City Hotel, Armagh**

**Thursday 29 September 2016**

### DELEGATES' LIST

<b>Name</b>	<b>Organisation</b>	<b>Name</b>	<b>Organisation</b>
Yvonne Cassidy	Apex Housing	Bente Muller Jensen	Camphill Mourne Grange
Delma McCurry	Apex Housing	Christina Kelly	Careers Service DfE
Karen Oldcroft	Apex Housing	Dolores Finnerty	Caring Breaks
Louise Hughes	ARC NI	Mervyn Bothwell	Cedar Foundation
Leslie-Anne Newton	ARC NI	Sharon Butler	Cedar Foundation
Jude Pollock	ARC NI	Louise Campbell	Cedar Foundation
Stephen Walker	ARC NI	Susan McCartney	Cedar Foundation
Ailish McMeel	Autism Initiatives	Jeanette McGeown	Cedar Foundation
Catherine Price	Autism Initiatives	Irina Radu	Cedar Foundation
Catherine McGroggan	Bamford Monitoring Group	Colette Speight	Cedar Foundation
Donal Gorman	Belfast HSC Trust	Heather Wright	Cedar Foundation
Michael McBride	Belfast HSC Trust	Moira Mallon	Clinical Education Centre
Esther Rafferty	Belfast HSC Trust	Lorraine Brown	Department of Health
Jeff McConnell	BSL Interpreter	Ciara Reilly	Every Day Harmony Music Therapy
Sheila McCormick	BSL Interpreter	Geraldine O'Neill	FACT
Donna McGinchley	BSL Interpreter	Pamela Weir	FACT
Kevin Dillion	Camphill Clanabogan	Carol Cousins	Four Seasons Healthcare
Cherry How	Camphill Clanabogan	Violet Graham	Four Seasons Healthcare
Charmaine Humphries	Camphill Clanabogan	Mauro Magbitang	Four Seasons Healthcare
Anna McGurn	Camphill Clanabogan	Clodagh Dunlop	Inspirational Speaker
Kathryn Millar	Camphill Clanabogan	Margaret Cameron	Inspire Wellbeing
Anna Millar	Camphill Clanabogan	Lorraine Carr	Inspire Wellbeing
Steven Patterson	Camphill Clanabogan	Sarah Crockett	Inspire Wellbeing
Richard Young	Camphill Clanabogan	Kelly Devlin	Inspire Wellbeing
Dave Bermingham	Camphill Glenraig	Pamela Fillis	Inspire Wellbeing
Noel John Laverty	Camphill Glenraig	John Fisher	Inspire Wellbeing
Lizzy Dixon	Camphill Mourne Grange	Mervyn Garrett	Inspire Wellbeing
Ann Gilpin	Camphill Mourne Grange	Kerri Lowry	Inspire Wellbeing
June Houston	Camphill Mourne Grange	Susan McBride	Inspire Wellbeing
Michael Houston	Camphill Mourne Grange	Irene Millar	Inspire Wellbeing
Billy Hoy	Camphill Mourne Grange		



<b>Name</b>	<b>Organisation</b>
Pauline Brady	Kilcreggan Homes
Angela Heddles	Kilcreggan Homes
Shiona Heslip	Mencap NI
Geraldine McGurk	Mencap NI
Christine Mulvenna	Mencap NI
Aine O'Hare	Mencap NI
Pauline Spence	Mencap NI
Jackie McCaughey	MindWise
Paula Brittain	N I I D
April Smyth	N I I D
Diane Boyle	N I S C C
Caroline Doherty	National Deaf Children's Society
Janice Watkins	National Deaf Children's Society
Michelle O'Neill	NI Executive
Siobhan Hollywood	O P T I O
Jonathan Pentony	O P T I O
Julie Anderson	Orchardville Society
Lydia Lynas	Orchardville Society
Louise Macrory	Orchardville Society
Aislinn Mooney	Parent Action
Orla Watt	Parent Action
Wilfred Mitchell	Parkanaur College
Emma Bailie	Positive Futures
Amanda Barr	Positive Futures
Joanna Clarke	Positive Futures
Joanne Corcoran	Positive Futures
John Diamond	Positive Futures
Jemma Ennis-Dawson	Positive Futures
Paudy Galvin	Positive Futures
Bernice Kelly	Positive Futures
Agnes Lunny	Positive Futures
Anne Magee	Positive Futures
Kerry Mallon	Positive Futures
Nicola McCann	Positive Futures
Darragh McCullagh	Positive Futures
Jonathan McGookin	Positive Futures
Anne Murphy	Positive Futures
Dermot Parsons	Positive Futures
Paul Roberts	Positive Futures
Andrew Mayhew	Praxis Care
Alan Tate	Presbyterian Council for Social Witness
Rosemary Dilworth	Priory Group
Marlene Featherstone	Priory Group

<b>Name</b>	<b>Organisation</b>
Ivan McLernon	Prospects
Briege Quinn	Public Health Agency
Joanne Faulkner	R Q I A
Jim McBride	R Q I A
Theresa Nixon	R Q I A
Bronagh McKeown	Southern HSC Trust
Kim Atcheson	T I L I I
Philip Foster	T I L I I
John McAlvenny	T I L I I
John Mullan	T I L I I
Alex Parkinson	T I L I I
Clive Evans	The Croft Community
Amanda Crawford	Triangle Housing Association
Arlene Dickson	Triangle Housing Association
Angela Duggan	Triangle Housing Association
Denise Magill	Triangle Housing Association
Leanne McCafferty	Triangle Housing Association
Bronagh Mullan	Triangle Housing Association
Marie Scullion	Triangle Housing Association
Colette Sheppard	Triangle Housing Association
Alison Simpson	Triangle Housing Association
Roy McConkey	Ulster University
Orlagh Cassidy	VOCAL
Gina Hagan	VOCAL
Mena Khan	VOCAL
John McCart	VOCAL
Ronnie Patterson	VOCAL
Miriam Somerville	VOCAL



# ASSOCIATION FOR REAL CHANGE (NI)



## CONFERENCE 2016

**Armagh City Hotel, Armagh**

**Friday 30 September 2016**

### DELEGATES' LIST

<b>Name</b>	<b>Organisation</b>	<b>Name</b>	<b>Organisation</b>
Carla Tully	AES UK & Ireland	Scott Shively	L'Arche Belfast
Leslie-Anne Newton	ARC NI	Jeremy Gardiner	Leadership Group Ltd
Stephen Walker	ARC NI	Neil Clavin	Mencap NI
Catherine Price	Autism Initiatives	Fiona Cole	Mencap NI
Frank Liddy	AWARE	Barry McMenamin	Mencap NI
Michael McBride	Belfast HSC Trust	Sinead Murphy	Mencap NI
Esther Rafferty	Belfast HSC Trust	Jackie McCaughey	MindWise
Christina Kelly	Careers Service DfE	Paula Brittain	N I I D
Dolores Finnerty	Caring Breaks	April Smyth	N I I D
Linda McCausland	Caring Breaks	Joan McGinn	Orchardville Society
Mervyn Bothwell	Cedar Foundation	Wilfred Mitchell	Parkanaur College
Sharon Butler	Cedar Foundation	Joanne Corcoran	Positive Futures
Louise Campbell	Cedar Foundation	Liam Dorrian	Positive Futures
Susan McCartney	Cedar Foundation	Paudy Galvin	Positive Futures
Jeanette McGeown	Cedar Foundation	Agnes Lunny	Positive Futures
Irina Radu	Cedar Foundation	Dermot Parsons	Positive Futures
Heather Wright	Cedar Foundation	Gail Reavy	Positive Futures
Ciara Reilly	Every Day Harmony Music Therapy	Paul Roberts	Positive Futures
Brian Hutchinson	Extra Care	Linda Wray	Presbyterian Council for Social Witness
Geraldine O'Neill	FACT	Rosemary Dilworth	Priory Group
Pamela Weir	FACT	Marlene Featherstone	Priory Group
Carol Cousins	Four Seasons Healthcare	Geraldine O'Hare	Probation Board for N Ireland
Violet Graham	Four Seasons Healthcare	Briege Quinn	Public Health Agency
Mauro Magbitang	Four Seasons Healthcare	Joanne Faulkner	R Q I A
Margaret Cameron	Inspire Wellbeing	Jim McBride	R Q I A
Sarah Crockett	Inspire Wellbeing	Bronagh McKeown	Southern HSC Trust
Mervyn Garrett	Inspire Wellbeing	Clive Evans	The Croft Community
Irene Millar	Inspire Wellbeing		
Pauline Brady	Kilcreggan Homes		
Angela Heddles	Kilcreggan Homes		



**Name**

Chris Alexander

Amanda Crawford

Denise Magill

Marie Scullion

Colette Sheppard

Alison Simpson

Bill Atkinson

David Carson

Eileen Dealey

**Organisation**Triangle Housing  
AssociationTriangle Housing  
AssociationTriangle Housing  
AssociationTriangle Housing  
AssociationTriangle Housing  
AssociationTriangle Housing  
Association

U S E L

Ulster University

Western HSC Trust





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**“When we get to the end of the  
story, you will know more than  
you do now...”**

**Hans Christian Andersen**

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Information is correct at the time of print and is subject to change